

## SIDES SERVED WITH MAIN MEALS ONLY

CHIPS (V) ADD CHEESE FOR 75P	£3.75
CAJUN CHEESY CHIPS V	£4.95
ONION RINGS <b>V</b>	£3.75
GARLIC BREAD (V) (ADD CHEESE FOR 95P)	£3.95
CREAMY GARLIC MUSHROOMS V	£3.95
SALAD BOWL VV	£3.50
PEPPERCORN SAUCE	£3.65
PIGS IN BLANKETS	£4.95
GRAVY BOAT	£2.95*

## **KIDS MENU** (SERVED DAILY FROM 12PM)

SERVED WITH ONE PIECE OF GARLIC BREAD ALL OTHER KIDS MEALS ARE £5.50 PLEASE ORDER ONE ITEM FROM EACH STEP: STEP I - SAUSAGE\* | BURGER\* | NUGGETS\* | SMALL FISH

STEP 3 - BEANS | PEAS | SWEETCORN | GRAVY ADD CHEESE ON BURGER 75P

**STEP 2** - MASH | CHIPS | SALAD

## **DESSERTS £5.25**

PLEASE ASK YOUR SERVER FOR TODAY'S CHOICE

ALL SERVED WITH A CHOICE OF CREAM, **CUSTARD, OR ICE CREAM (VEGETARIAN AND VEGAN OPTIONS AVAILABLE)** 

# SUNDAY CARVERY

## **SERVED SUNDAYS FROM 12PM**

**COME AND TRY OUR LOCALLY RENOWNED SUNDAY** CARVERY, SITTINGS EVERY 20 MINUTES FROM MIDDAY **BOOKING IS STRONGLY ADVISED AS OUR CARVERY** IS EXTREMELY POPULAR.

A CHOICE OF BEEF, PORK, OR TURKEY SERVED WITH A SELECTION OF SEASONAL VEGETABLES, FLUFFY CRISP ROAST POTATOES, CREAMY MASHED POTATO, YORKSHIRE PUDDINGS, CAULIFLOWER CHEESE, STUFFING, HONEY GLAZED PARSNIPS AND HOMEMADE GRAVY.

UNDER 2'S	£1.50
2 - 9 YEAR OLDS	£7.50
ADULTS (10+)	£12.95
2 COURSE	+£3.25
3 COURSE	+ <u>£</u> 6.95

## **DAILY MEAL TIMES**

**BREAKFASTS SERVED MON - SATURDAY 9AM - 12PM** MAIN MENU SERVED MON - SATURDAY 12PM - 9PM

## **SUNDAY MEAL TIMES**

BREAKFAST ROLLS SERVED 9AM - 11AM | CARVERY AND KIDS MEALS FROM 12PM. **CURRY NIGHT AND KIDS MEALS 5.30PM - 9PM** 

VEGETARIAN OPTIONS AVAILABLE

### **GATEWAY RESORT WALES**

GATEWAY RESORT, MILLENNIUM COASTAL PATH, BYNEA, CARMARTHENSHIRE SA14 9SN tel: 01554 750100 | email: info@gatewayresort.co.uk | www.gatewayresort.co.uk

> Follow us on Facebook: Gateway Resort Wales f If you enjoyed your stay please give us a mention on moadvisor





**AUTUMN / WINTER MENU** 



## **BREAKFAST SERVED TILL 12PM**

KIDS BREAKFAST	£5.50
SMALL BREAKFAST	<b>26.95</b> DES
MEDIUM BREAKFAST	£8.95
BARREL BREAKFAST	£10.95
VEGETARIAN BREAKFAST WW	\$6.95
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL	20.73
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND	
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL	£1.95
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL TOAST	£1.95 £1.95
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL TOAST	£1.95 £1.95 £375
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL TOAST TEACAKES BEANS ON TOAST	£1.95 £1.95 £3.75
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL TOAST TEACAKES BEANS ON TOAST SCRAMBLED EGG ON TOAST	£1.95 £1.95 £3.75 £3.75
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL TOAST TEACAKES BEANS ON TOAST SCRAMBLED EGG ON TOAST POACHED EGG ON TOAST	£1.95 £1.95 £3.75 £3.75 £3.75
2 VEGETARIAN SAUSAGES, 1 HASH BROWN, 1 TOAST, BEANS, TOMATOES AND MUSHROOMS, FRIED EGGS OPTIONAL TOAST  TEACAKES  BEANS ON TOAST  SCRAMBLED EGG ON TOAST  POACHED EGG ON TOAST  SAUSAGE SANDWICH	£1.95 £1.95 £3.75 £3.75 £3.75 £2.95

#### PLEASE ASK YOUR SERVER IF YOU HAVE ANY **DIETARY REQUIREMENTS**

BACON AND SAUSAGE SANDWICH...£4.45

ITEMS ON THIS MENU MAY CONTAIN NUTS. ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, GLUTEN AND OTHER ALLERGENS ARE PRESENT AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST. **T&C'S APPLY** 

#### KEY:

**♥** Vegetarian **♥** Vegan ★ Vegetarian options available

### **STARTERS**

CHICKEN WINGS	£5.4
4 SUCCULENT CHICKEN WINGS, SERVED WITH A SIDE SALAD AND POT OF BBQ SAUCE	
CHICKEN GOUJONS  3 CHICKEN GOUJONS SERVED WITH A SIDE SALAD AND POT OF BBQ SAUCE	£5.45
CREAMY GARLIC MUSHROOMS (V) CREAMY GARLIC MUSHROOM TOPPED CIABATT BREAD, ON A BED OF SALAD	
CLAYFIELD'S WELSH LAMB CAWL CHEF'S HOMEMADE CAWL, SERVED WITH CRUSTY BREAD	£6.75
BREADED GARLIC MUSHROOMS SERVED WITH A SIDE SALAD AND MAYONNAISE	

## **LIGHT BITES**

WITH AN OPTIONAL SIDE SALAD SERVED 12 - 4PM MON - SAT

	WRAPS AND BAGUETTES	6.95
--	---------------------	------

- **CHICKEN TIKKA**
- **CHICKEN MAYO**
- **TUNA MAYO**
- **HAM SALAD**
- **BBQ PULLED PORK**
- CHEESE (V)
- **VEGAN WRAP (VEGAN NUGGET WRAP** WITH SWEET CHILLI SAUCE)

#### JACKET POTATOES.....£6.95

- **CHICKEN TIKKA**
- **CHINESE CURRY**
- BEANS (V)
- **CHEESE AND BEANS**
- **TUNA MAYO (TUNA SERVED CHILLED)**

8 PIECES OF SCAMPI, SERVED WITH PEAS

**BBO PULLED PORK** 

## **FISH DISHES**

FISH AND CHIPS£12	2.25
BEER BATTERED FISH AND CHIPS,	
SERVED WITH PEAS	

...\$10.75

### **BURGERS**

CHICKEN BREAST BURGER TOPPED WITH STUFFING, CRANBERRY SAUCE AND TWO PIGS IN BLANKETS
GATEWAY BURGER
BBQ PULLED PORK STACK BURGER £ 1 3.95 6oz BEEF BURGER, TOPPED WITH BBQ PULLED PORK IN A BRIOCHE BUN, TOPPED WITH TWO ONION RINGS
CHICKEN BREAST BURGER£12.25
CAJUN CHICKEN BREAST BURGER £ I 2.60
VEGETARIAN/ VEGAN BURGER VV .£9.75 (DOUBLE UP FOR £1.95)
4oz BEEFBURGER
4oz CHEESEBURGER

## WINTER SHARER FOR TWO £18.95

4 PIGS IN BLANKETS, 4 CHICKEN GOUJONS. 4 ONION RINGS, 4 CHICKEN WINGS, 1 PIECE OF **GARLIC BREAD, ONE PIECE OF CHEESY GARLIC** BREAD, CHIPS, BBQ SAUCE AND GARLIC MAYO.

## SIZZLING GRILLS

SMOTHERED CHICKEN £   3.25  TENDER CHICKEN BREAST TOPPED WITH BACON, BBQ SAUCE AND CHEDDAR CHEESE	SE PL
CHICKEN BREAST £11.75 SUCCULENT BUTTERFLIED GRILLED CHICKEN BREAST, SERVED WITH PEAS	SE S
CAJUN CHICKEN BREAST \$11.95 CHICKEN BREAST MARINATED IN CAJUN SPICES, FAIRLY HOT	VE SE
8oz RUMP STEAK £ 14.45 SERVED WITH MUSHROOMS, PEAS, GRILLED HALF TOMATO AND ONION RINGS	LC M
I 60Z RUMP STEAK	SE
SURF AND TURF£16.95 80z RUMP SERVED WITH 4 PIECES OF	C

WHOLETAIL SCAMPI, MUSHROOMS, PEAS, **GRILLED HALF TOMATO AND ONION RINGS** 

### **GATEWAY'S FAMOUS MIXED GRILL.. £27**

8oz RUMP STEAK, GRILLED BUTTERFLIED CHICKEN BREAST, 6oz GAMMON STEAK, 2 PORK SAUSAGES, SERVED WITH MUSHROOMS, PEAS, GRILLED HALF TOMATO, ONION RINGS AND A CHOICE OF FRIED EGG OR PINEAPPLE

I 20Z GAMMON STEAK ..... £ I SERVED WITH PEAS, ONION RINGS, GRILLED HALF TOMATO AND A CHOICE OF FRIED EGG OR PINEAPPLE

#### **FULL RACK OF RIBS.**

SERVED WITH PEAS, GRILLED HALF TOMATO AND ONION RINGS

# WINTERTIME **PUB FAVOURITES**

CHEF CAROL'S HOMEMADE BEEF AND TOMATO LASAGNE. TOPPED WITH A CREAMY CHEESE AND BECHAMEL SAUCE

### 'EGAN LASAGNE VV.

**VEGETABLES IN A TOMATO-BASED SAUCE,** LAYERED BETWEEN VEGAN PASTA SHEETS AND TOPPED WITH A HERB INFUSED CRUMB

HAM, EGG AND CHIPS.....£9.75

SAUSAGE, MASH AND GRAVY\*.....£10.75

CLAYFIELD'S WELSH LAMB CAWL....£12.95 CHEF'S HOMEMADE CAWL, SERVED WITH CRUSTY BREAD

HOMEMADE BOLOGNESE, SERVED WITH FRESHLY

£11.45

**GRATED CHEDDAR AND A SLICE OF GARLIC BREAD** 

ERVED WITH RICE, CHIPS OR 1/2 AND 1/2, LEASE ASK ABOUT TODAY'S CHOICE

.£11.75 ERVED WITH RICE, CHIPS OR ½ AND ½

EGETARIAN SAUSAGES AVAILABLE \*

GAN MADRAS CURRY 🔍 🗘 .......... £ 1 0.75

EGETABLES IN A MADRAS SAUCE, ERVED WITH RICE, CHIPS OR 1/2 AND 1/2

# CALLY MADE FAGGOTS SERVED WITH A CREAMY

ASHED POTATO, MUSHY PEAS, AND A SIDE OF GRAVY

RVED WITH SEASONAL VEGETABLES

A GAMMON INFUSED STEW WITH PEPPERS MUSHROOMS, CARROTS AND BEANS, SERVED OVER A CREAMY MASH POTATO BED